

## Who's Who

Our professional and caring staff are very experienced in diagnosing and treating both children and adults with a variety of neurological and behavioral disorders.

The overall program is managed by Karyn Grove-Bruce, Psy. S., a trained school psychologist with 15 years of experience in evaluating and treating children with developmental and learning difficulties. She is responsible for all patient intakes and assessments as well as in-lab therapy for our patients.

The NeuroCognitive Brain Center's medical director is Adam Grove, N.D., a state-licensed Naturopathic Physician who has extensive experience treating both adults and children using holistic, drug-free therapeutics. He specializes in pediatric and adult patients with Autism, ADD/ADHD, pervasive developmental disorders and brain injury.



We are an affiliate of Dr. Cripe's Crossroads Institute in Scottsdale, AZ. You can find extensive information on how the brain works, brain mapping, the assessment tools we use and the neurotherapy modalities we employ at their website:

[www.crossroadsinstitute.org](http://www.crossroadsinstitute.org)

## Need More Information?

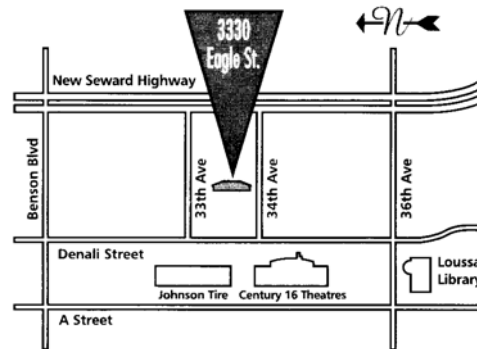
You can learn more about the NeuroCognitive Brain Center by calling or emailing us.

Phone (907) 561-2330

Fax (907) 561-1282

Email: [drgrrove@ak.net](mailto:drgrrove@ak.net)

We are located at 3330 Eagle Street in Anchorage within the Natural Health Center, LLC which provides patient services to include scheduling and insurance billing. You may visit their website at [www.nhcak.org](http://www.nhcak.org).



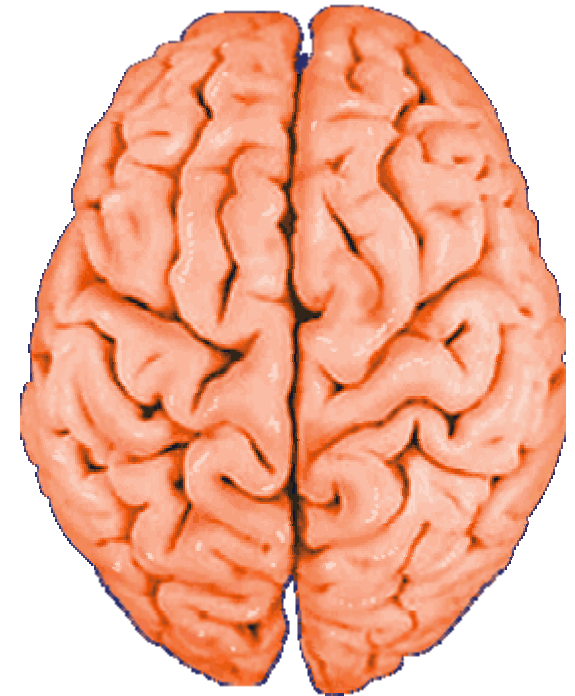
We accept most insurance plans as well as cash and credit cards. Financing plans are also available.

## The NeuroCognitive Brain Center

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Anchorage, Alaska 99503  
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# The NeuroCognitive Brain Center

A Crossroads Center



Innovative Diagnosis

Holistic Treatment

Anchorage, Alaska  
(907) 561-2330

# The Mysterious Brain

Have you ever wanted to be able to see inside your child's head to understand what is going on in their brain? Have you ever wondered why someone you love is so different after a traumatic brain injury?

As a physician treating children with pervasive development disorders, autism and ADHD/ADD as well as adults with traumatic brain injury (TBI), depression and anxiety, Dr. Grove often puzzled over these issues as he worked to help these patients. Working as a School Psychologist, Karyn Grove-Bruce was sharing a similar frustration as she worked to help children struggling in the school environment.

Then Dr. Grove met Dr Curtis Cripe, a clinical psychologist and researcher who started the Crossroads Institute in Arizona where he is doing amazing, innovative work with neuro-developmental evaluations and treatment. These evaluations were being done using QEEG brain mapping, auditory processing assessments and evoked response potentials (ERPs). He was also integrating his findings with those of medical science to discover metabolic disorders, allergies, nutrient deficiencies and toxicity underlying neurological deficits.

By working with medical providers to resolve physical and metabolic disorders while simultaneously using state-of-the-art neurofeedback therapies along with hands-on cognitive and neurodevelopmental interventions, Dr. Cripe was achieving excellent results with the same types of children and adults we were both struggling to help.

## The Key to a Deeper Understanding

Below is the QEEG brain map of a six year-old child with a learning disability. This map is the result of neurometric analysis which allows us to see how the brain is actually functioning. This map shows significant brain dysfunction and lack of coherence (communication within the brain).



Below is the brain map of the same child a year later after treatment. It shows greatly increased function and coherence.



## Our Mission

At the NeuroCognitive Brain Center, our mission is to provide the highest quality comprehensive care for every one of our patients. We integrate cutting edge neuroscience with holistic individualized treatment to promote optimal mind-body treatments without the use of pharmaceutical therapies.

Our philosophy is based on the well-documented ability of the brain to remodel and change. We respect that the mind-body unit is an integrated and self-regulating system which wants to be in balance. We also acknowledge that individualized, scientifically-based treatment is the very best way to optimize anyone's physical and mental health.

## What to Expect

Because we do not treat based on labels, but rather on what we find through scientific investigation, each person receives a highly individualized treatment plan. This plan is fully integrated with a medical workup and treatment protocol developed by our associated Neurologists, Electrophysiologists, Psychologists and Doctors of Naturopathic Medicine. We start with medical, neurological, neurodevelopmental, cognitive and auditory testing as well as a QEEG map of the brain. Based on our findings and expert interpretations, we work with you to develop a treatment plan which may include home exercises, cognitive training, neurofeedback, specialized speech therapy, dietary changes, nutritional supplementation, chelation therapy or digestive rehabilitation to name a few.